

**Attitudes are contagious.
Is yours worth catching?**

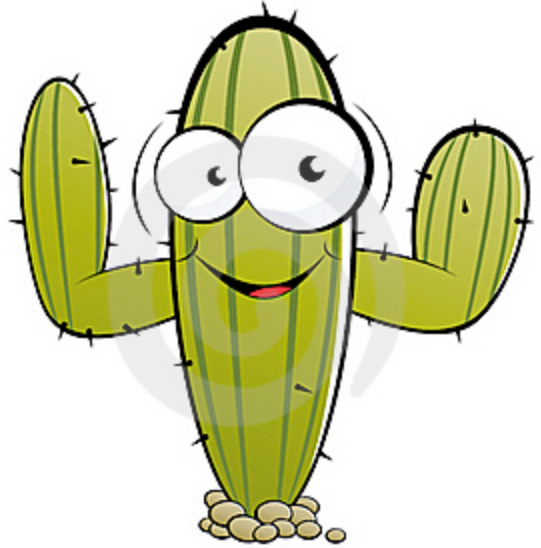


Interesting people are interested in people. Don't always talk about yourself; ask others how they are doing.

If you make a mistake in life, learn from it then build a bridge and get over



**Problems are
just
opportunities
with prickles on
them.**



HAPPINESS
COMES FROM GIVING
YOURSELF TO OTHERS.

Be a giver



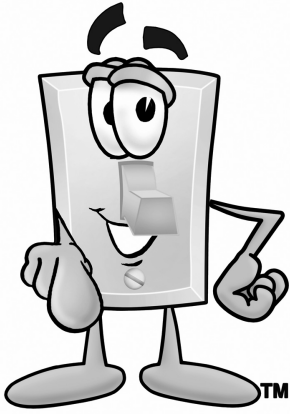
not a taker!

Be thankful for what you
have and don't worry about
what you haven't got.



Jesus lives his life through us





Get 'switched on' to
the God moments
that happen each
day.

YOU

are in charge of your
attitude to life.



Your attitude is like a motor car.

If you have a good attitude, you will go places in life.



A day is wasted if you don't reflect on it.



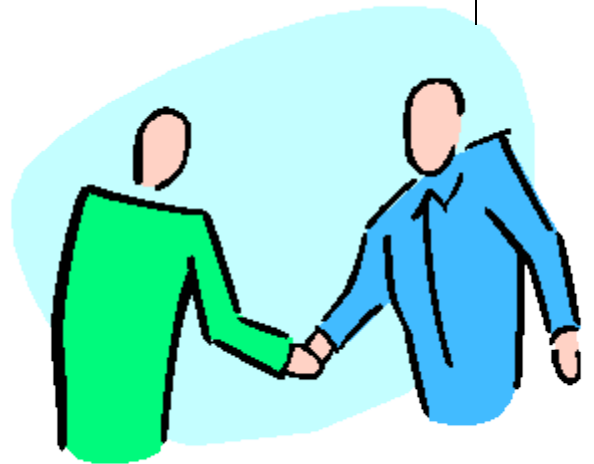
Take 60 seconds to stop and reflect.



Teamwork makes the dream work.

MJR is all about how we:

GREAT , TREAT and
SPEAK



Being a W.E.S.T
person will lead to a
happy life!



Happiness comes from inside you.



Always be honest
with yourself and
others.





Words have wings so say kind things.

Jesus is in us in the way we think, do things and how we speak to each other.

